



**Camp Nageela**  
midwest

# **Nageela Parent Guide**

# CAMP NAGEELA MIDWEST

## A Look Inside

### Lookout for “New for 2017”

Welcome.....	3
Camp Dates 2017.....	4
Travel Information.....	4-6
Luggage.....	6
Travel Updates & Communication.....	7
Communication with Campers During Camp.....	8
Adjusting to camp.....	9
Medical Care.....	10-12
Food and Nutrition.....	12
Birthdays.....	12
Canteen.....	13
Cash and Valuables.....	14
Screen Free.....	14
Clothing and Laundry.....	15
Packing List.....	16
Living Judaism.....	17
Bar/Bat Mitzvah Prep and Tutoring.....	17
Pre-camp Forms.....	18
Trip/Activity Authorization- Hold Harmless Agreement.....	19
Leaving Campgrounds Without Permission.....	20
Cancellation and Refund Policy.....	20
Contact Camp Nageela Midwest.....	21

# *Welcome*

## Message from the Director

Dear Parents,

Welcome to Camp Nageela Midwest! As the summer swiftly approaches, the planning for the coming season is well underway. Camp Nageela Midwest 2017 brings new programs and activities to make this summer unforgettable for your child. We are proud that Camp Nageela Midwest is an American Camping Association (ACA) accredited camp.

Please take the time to review this handbook with your child. It is important that you familiarize yourself and your child with the various policies to ensure a great summer experience.

Please contact our winter office at 773-604-4400 with any questions. I look forward to welcoming you and your child to the Camp Nageela Midwest Family this summer.



Ari Strulowitz  
Director

# CAMP NAGEELA MIDWEST

## Camp Dates 2017

**Girls Camp:** Tuesday, June 20<sup>th</sup> - Monday, July 10<sup>th</sup>  
**Boys Camp:** Tuesday, July 11<sup>th</sup> - Sunday, July 30<sup>th</sup>

## Travel Information

**Northbrook Pickup & Drop Off:**  
Young Israel of Northbrook (**YIN**)  
3545 Walters Ave.  
Northbrook, IL 60062

<b>To Marshall, IN from Northbrook</b>		
Boarding in Northbrook	Departure From <b>YIN</b>	Estimated Arrival at camp
1:00 pm	1:30 pm	5:30 pm

<b>From Marshall, IN to Northbrook</b>		
Boarding in camp	Departure from camp	Estimated Arrival at <b>YIN</b>
7:30 am	8:00 am	11:30/12:00 pm

**Estimated travel time to and from camp is approximately 4 hours.**

*All times used by camp both for arrival and departure are Central Time.*

# CAMP NAGEELA MIDWEST

Please adhere to the following times when booking your flights to ensure proper supervision:

## Campers Arriving in Chicago O'Hare or Midway Airport:

First Day of Camp (Girls June 20<sup>th</sup>, Boys July 11<sup>th</sup>): All flights should arrive in Chicago O'Hare or Chicago Midway between 10:00 am and 11:30 am CST.

Last Day of Camp (Girls July 10<sup>th</sup>, Boys July 30<sup>th</sup>): All flights should depart from Chicago O'Hare or Chicago Midway between 1:30 pm and 3:00 pm CST.



## Campers Arriving in Indianapolis Airport:

First Day of Camp (Girls June 20<sup>th</sup>, Boys July 11<sup>th</sup>): All flights should arrive in IND between 1:00 pm and 3:00 pm.

Last Day of Camp (Girls July 10<sup>th</sup>, Boys July 30<sup>th</sup>): All flights should depart from IND between 11:30 and 1:00 pm.

*\*\*Flight arrangements outside of these times must first be cleared with the office to ensure your child is properly supervised in the airport. Please contact the winter office @ 773.604.4400 or [info@campnageelamidwest.org](mailto:info@campnageelamidwest.org) to get in touch with other Nageela families from your area. We love for the Nageela campers to travel together!*

## Pick-up/Drop-off in Marshall, Indiana

Campgrounds open at **4:00 pm Central Time** on the first day of camp. Families will be permitted to enter after **4:00 pm Central Time**. All campers should arrive in camp by **5:30 pm Central Time**. After campers sign in at the office, there will be a designated area for them to meet other campers and staff until the entire bunk arrives. On the last day of camp campers should be picked up **between 7:30 and 9:30 am Central Time**. If you require alternative drop off or pick up times, please contact our office.

# CAMP NAGEELA MIDWEST

## Driving to Camp

Camp Nageela Midwest/AI Campus is located in Marshall, Indiana, about an hour and half west of Indianapolis. Our address is:

Camp Nageela Midwest/AI Campus  
4215 East Landry Lane  
Marshall, Indiana 47859



The camp address is found on Google Maps. When using alternative mapping programs or GPS devices, you may locate the campgrounds by entering the campgrounds coordinates instead. Waze should not be used to get to camp.

**Coordinates: 39.888470 and -87.164730.**

## LUGGAGE

All luggage should be clearly labeled. Please use duffle bags and soft suitcases when packing, due to limited storage space in camp.

If your child is flying to and from camp, keep in mind that many airlines charge extra for luggage and carry-on bags. Please contact your airline for up-to-date regulations and fee policies. It is the parent's responsibility to cover the cost of any additional luggage fees. In the event that the CNM representative covers luggage costs on behalf of the camper, the credit card on file will be charged.

## TRAVEL UPDATES

Travel Day Updates are sent out throughout the first and last day of each camp session. Travel Updates include minute-to-minute bus arrival and departure times, airport meeting locations, and other logistical notifications. These updates will run through our CNM LIVE UPDATE System (see below). To sign up to receive these important alerts, see the instructions below. Standard SMS rates will apply.

## PARENT COMMUNICATIONS

Camp Nageela Midwest sends all camp updates through email. This includes acceptance letters, camp forms and blog posts. Additional emails are sent while your child is in camp. Please make sure to add [info@campnageelamidwest.org](mailto:info@campnageelamidwest.org) to your approved senders to ensure that these emails land in your inbox. **If you recently changed your email address, please contact our office to update your email address on file.**

In addition, Camp Nageela Midwest partners with Twitter to provide an exciting way for you to receive daily updates on all the fun and excitement that your child is experiencing in CNM!

To receive these CNM LIVE UPDATES via text message, just follow the easy instructions below. A twitter account is not necessary to use this free service. Standard SMS rates will apply.

### **For Boys Camp Updates, including travel:**

**Text:** follow @NageelaBoys

**To:** 40404

### **For Girls Camp Updates, including travel:**

**Text:** follow @NageelaGirls

**To:** 40404

## COMMUNICATION WITH YOUR CAMPER DURING CAMP

Camp Nageela works with a secure photo and email system to post pictures daily and allow for one way email communication between parents and campers. Most parents check the site daily to peruse the pictures and find their child(ren) enjoying the myriad of camp activities. Detailed information regarding this system will be sent to all parents closer to the camp session.

We also send frequent blog posts throughout the camp session with a recap of recent happenings. These posts often include a link to the weekly video with fun camp footage as well.



Our Camp Mom and Camp Dad are available throughout the camp season to speak with any parent regarding their child's adjustment and overall camp experience. If you have any questions or would like to check up on your child, please call the camp office and leave a message for the Camp Mom/Camp Dad. Your call will be returned within 36 hours. If the situation is an emergency, please call the camp office and follow the emergency contact procedure.

Please remember to keep the office informed of any updated contact information, including new mailing address, phone number or email address. **If you will be away from home at any point during the camp session, please inform the office of the best way to contact you during that time.**



## ADJUSTING TO CAMP

While the camp experience is a positive and enjoyable one, we anticipate there may be some campers who take longer to adjust to their new surroundings. In order to ensure a smooth transition, please inform a member of the Leadership Staff of any unique/complex familial dynamics that may affect your child's adjustment to camp.

Areas of concern may include bed wetting, food allergies, suspicion of anorexia, physical or emotional limitations, changing of schools or any other medical/familial issues. Difficulties at home, such as recent or pending separation or divorce, sickness or death, may impact your child's adjustment as well. Please be honest and open with us for the benefit of your child. The more knowledge we have beforehand, the better we will be able to care for your child during the camp session.

Your privacy, as well as your child's privacy, will be respected at all times. All information will be kept strictly confidential. If you prefer, you may ask to speak with the Camp Director directly.



## MEDICAL CARE

The wellbeing of your child is of paramount concern to us. At Nageela we understand that the decision to send your child away to camp is a sensitive one and we thank you for entrusting your child with us. Our responsibility is to ensure that we care for our campers throughout their stay in camp. The Nageela Health Center provides medical coverage 24 hours a day, 7 days a week during the camp season with full-time medical staff. The Health Center staff care for all routine health issues at camp free of charge.

Emergency services are provided at nearby Franciscan St. Elizabeth, a fully-equipped trauma center. The Health Center stocks all basic OTC medications, which are dispensed following parental approval as indicated on the Health History form. It is extremely important for us to know about any special medical needs your child may have. Please call the Director or Camp Nurse to discuss these matters. All information will be held strictly confidential.

### **Parents/Legal Guardians are contacted when:**

- (1) The physician feels there is a significant medical issue
- (2) The child is taken out of camp for medical treatment or for medical consultation
- (3) The child spends the night in the infirmary

In the event of a medical emergency, as deemed by our health care staff, we will do our best to contact the parent or legal guardian immediately. However, if a parent/guardian cannot be reached we reserve the right to make decisions regarding your child's medical needs as specified in the permission to treat section of the camp application and Parent Authorization form.

# CAMP NAGEELA MIDWEST

## Medical History

Parents are required to disclose any medical, physical, or emotional conditions their child may have with the director and/or nurse prior to camp, as specified on the health history form. All information will be kept strictly confidential. Additionally, parents are urged to inform us of any personal situations which may affect their child's stay at camp. *Dismissal from camp resulting from a non-disclosed situation, including medical, emotional, familial or other, will not be eligible for any refund.*

## Allergies

Our medical staff strongly advise parents of children with a history (or suspected history) of seasonal/environmental allergies to discuss the possibility of taking a proactive or preventative approach with their child's doctor. Any suggested treatment should begin a few weeks prior to the child going to camp. We hope that this will help to alleviate any discomfort your child may experience during the summer.

## MEDICAL INSURANCE

The Parent Authorization form must be submitted, including a copy of both sides of a valid insurance card, prior to your camper's arrival in camp. All campers attending camp are required to have medical insurance or alternative form of payment on file. If you have a separate prescription drug plan which covers your drug charges, please make sure that a copy of that card is attached to your child's authorization form as well.

The local pharmacy accepts various insurance plans. In the event that your plan is not accepted and co-pay is required, you will be responsible for payment and **the card on file will be automatically charged.** Those who do not have medical insurance accept full responsibility for any incurred medical costs, as indicated on the health history and authorization form.

# CAMP NAGEELA MIDWEST

Keep in mind that blood tests, x-rays, lab work or any further consultation with outside doctors are the parents' financial responsibility. We recommend that you check with your HMO to find out what provisions they offer for out-of-network emergency care, what type of notification they require and their approval process.

## FOOD AND NUTRITION

At Camp Nageela we take pride in serving your children food that they love! Our goal is to create a kid friendly and nutritious dining experience. Whole grains, fresh fruit and vegetables are a part of the daily menu. The Director of Campers works with the kitchen staff to provide for each camper's needs. All meals are served family-style with vegetarian options available. We offer an afternoon snack, which provides our campers with the perfect boost of energy to keep them playing hard throughout the day. Kosher dietary laws are observed. Please be sure to contact the office prior to camp should your child require dietary accommodations.

Due to our Allergies and Health standards, NO outside food is to be brought or shipped to camp. Campers will have opportunity to purchase food from Canteen, but no food or candy should be sent from home. All food sent or brought from home will be confiscated and donated to a local pantry.

## BIRTHDAYS

Any campers' birthday that falls out during camp is celebrated in a fun and memorable way. If your child's Bar/Bat Mitzvah will be during camp, a special celebration will be arranged in honor of the special occasion.

## CANTEEN

The canteen is fully stocked to provide your child with nutritious snacks, NageelaGear, and various other camp items which are available for purchase. Campers also have the option to withdraw cash from their canteen account before going on a trip. In the pre-camp communication, you will receive instructions to set up your camper's canteen account before camp begins.

**New for 2017!** We have updated our internet access speeds in Marshall and we hope that throughout..... In the event that the internet connection will not be strong enough for our needs, we will return to our paper system and you will be notified when your child's account balance goes below 5 dollars. Throughout the camp season, you may log on to your CampInTouch account to monitor your child's canteens funds and add additional funds throughout the camp season.



At the end of the summer, all remaining balances of less than \$5 will be donated to the camp scholarship fund. For balances over \$5, you have the choice of receiving the money back, forwarding to the next summer or donating it to the camp

scholarship fund, as indicated on the canteen form.

Camp Nageela does not request a specific amount of canteen money to be put in your child's canteen account. However, most parents put in between \$40-\$60. If your child plans on purchasing a camp sweatshirt you may wish you put in an additional \$25 of spending money.

## CASH AND VALUABLES

It is strongly recommended that any cash sent to camp be deposited in the camper's valuable box in camp, which can be withdrawn as needed.

Passports, birth certificates, travel tickets and other important documents must be relinquished for safekeeping upon arrival. Cell phones and any other unapproved electronics are also collected upon arrival and safely stored in the office safe. All items are returned on the last day of camp.

## SCREEN FREE

American adolescents spend more than 7.5 hours each day using an electronic device. Camp is one of the few places throughout the year where kids can truly unplug. This screen free policy will encourage campers to spend more time outdoors socializing with other campers, in addition to providing campers with a much needed break from the world of technology.



*The only electronics allowed will be screen-less music players (e.g. iPod shuffles) and digital cameras. All other music players, ebook readers, portable game devices, and video players should remain at home. This includes, but is not limited to: iPod Touch, iPod Classic, iPhone (with SIM card removed), Microsoft Zune, iPads, Kindles, Nooks, Netbooks, Cell Phones, etc.*

Please note: If your child is flying to/from camp and you would prefer they travel with a cell phone, it will be kept in the office safe with bunk valuables when they arrive at camp and returned at the end of the session.

## CLOTHING

It is of utmost importance to label each article of clothing and all belongings that your child brings to camp. Many people choose to order sew-on or iron-on name tapes to attach to their clothing. Another option is using a name stamp with permanent ink or a permanent laundry marker. Remember to label all bathing suits, bathrobes and towels. **Unlabeled articles of clothing left in camp will be donated to a local charity.**

On the following page please find a suggested packing list. Keep in mind that due to the nature of camp, it is best to refrain from sending overly expensive or fancy clothing which may get lost or damaged in the wash.

## LAUNDRY

Laundry is done during your child's stay in camp free of charge. Please pack enough clothing to last at least **12 days**.

We assume that all items given to us for laundering can be washed and dried in a standard washing machine and dryer. Please send a large, labeled mesh bag for socks, in addition to a regular labeled laundry bag to store dirty laundry. **Camp Nageela does not assume responsibility for any items lost or damaged through the laundry service.**

# CAMP NAGEELA MIDWEST

## PACKING LIST

Please help your child choose and pack appropriate clothing for camp. Camp clothes should be comfortable, loose-fitting and provide flexibility for sports and activities. **Be sure to label each item!**

### Clothing

- \_\_\_ 15 shirts
- All shirts must have sleeves
- T-shirts should only portray tasteful messages
- Girls: necklines should be high cut
- \_\_\_ 12 pants/shorts/skirts (Girls: shorts should be knee-length and loose-fitting)
- \_\_\_ 4 pairs of pajamas
- \_\_\_ 2 sweatshirts
- \_\_\_ 2 bathing suits
- \_\_\_ 14 pairs of underwear
- \_\_\_ 12 pairs of socks
- \_\_\_ Hangers
- \_\_\_ 2 pairs of high socks for hiking and horseback riding
- \_\_\_ 2 nice outfits for Shabbat
- \_\_\_ 2 pairs of athletic shoes
- \_\_\_ 1 pair of dress shoes (for Shabbat)
- \_\_\_ 1 pair of shower and pool shoes (crocs are a great option)
- \_\_\_ 1 rain coat or poncho
- \_\_\_ Boys: 2 kippot

### Toiletries

- \_\_\_ Toothbrush and toothpaste
- \_\_\_ Comb/brush
- \_\_\_ Soap, shampoo, conditioner
- \_\_\_ Deodorant
- \_\_\_ **Sunscreen**
- \_\_\_ Nail Clipper
- \_\_\_ Toiletry kit or shower caddy
- \_\_\_ Contact solution if contacts are worn

### Linen

- \_\_\_ 2 towels for showering
- \_\_\_ 2 towels for swimming
- \_\_\_ Sleeping bag
- \_\_\_ Pillow and blanket
- \_\_\_ 2 sets of bed linen

### Miscellaneous

- \_\_\_ 2 plastic refillable water bottles
- \_\_\_ 1 laundry bags
- \_\_\_ Large mesh bag for socks (small items like socks are otherwise easily lost when washed)
- \_\_\_ Flashlight with batteries
- \_\_\_ Sunhat or visor
- \_\_\_ Box of tissues
- \_\_\_ Stationary or postcards with stamps
- \_\_\_ Pens
- \_\_\_ Small backpack for trips

### Optional Items

- \_\_\_ Insect repellent
- \_\_\_ Baseball glove
- \_\_\_ Tennis racket
- \_\_\_ Games
- \_\_\_ Musical Instruments
- \_\_\_ Rain boots or hiking boots
- \_\_\_ Sunglasses
- \_\_\_ Swim goggles
- \_\_\_ Spare glasses
- \_\_\_ Costumes
- \_\_\_ Camera

The following items should be kept at home to ensure a fun and safe camp experience.

- **All electronic devices that have a screen including all cell phones, video devices, handheld games and most iPods. All unapproved electronics will be collected on the first day of camp and kept in the office safe.** Camp Nageela Midwest recommends that those campers who want to bring their music to camp buy an inexpensive mp3 player without a picture screen, generally costing \$15-\$30. Please download your music on this device before coming to camp.
- Knives
- Animals
- All flammable materials including hot pots, matches, fireworks, lighters, butane and candles
- Walkie-talkies
- Skateboards and roller blades

All items should be packed in maximum 2 duffel bags and 1 carry-on bag/backpack



## Living Judaism

Jewish camp is the perfect setting for children to build strong Jewish identities. Our goal is to ensure our campers learn and experience the values that make Judaism unique. Focusing on ethics, Jewish values and basic Jewish customs, campers leave Nageela proud of our rich heritage.

Shabbat is a magical time in Nageela and full of tradition. We dress in Shabbat clothing and gather in song and dance at Pre-Shabbat Ruach. Candles are lit, special blessings said and a delicious meal of classic Jewish style cuisine is served including home baked Challah, gefilte fish, matzo ball soup, and baked chicken.

Throughout Shabbat, we offer an array of special activities to make the day more reverent. Shabbat ends with the entire camp performing Havdala together accompanied by the Camp band and a special Havdalah Dedication.



It is customary in Camp Nageela that campers wear nicer clothing on Shabbat; knee-length dresses or skirts for girls, button-down shirts and slacks for boys. Shabbat is definitely a Nageela camper's highlight of the week!

## BAR AND BAT MITZVAH PREPARTION; GENERAL TUTORING

Camp Nageela is happy to facilitate your child's Jewish learning in camp. Camp Nageela will provide tutors to help your child in any area of Jewish learning free of charge. To take advantage of this opportunity, please contact our office before the camp session begins.

## PRE-CAMP FORMS

The following online forms will appear on your CampInTouch account a few weeks before the start of camp.

**Getting to Know You Form-** The information on this form helps us make your child's stay at camp as accommodating as possible.

**Bunk Requests-** While the bunk request is not guaranteed, we will do our best to honor your camper's requests. Please request friends in your camper's current grade as all campers are bunked by grade.

**Canteen-** Your camper's canteen account allows them to purchase snacks and Nageela gear throughout the summer from the Nageela canteen. Additional funds can be deposited as needed throughout the camp season.

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 **Underage Flyer Form-** Any camper flying as an underage minor must send this form from the airline carrier to our office so we can arrange for the release of the traveler upon arrival and to arrange the return trip. If applicable, please send this form once the travel details are known.

## TRIP/ACTIVITY AUTHORIZATION - HOLD HARMLESS AGREEMENT

By sending my child(ren) to Camp Nageela Midwest (hereinafter "Camp"), I hereby authorize Camp to take my child(ren) off Camp grounds to go on trips organized as part of the Camp program. This may include swimming, horseback riding and/or boating activities. In addition, my child(ren) may participate in any activity organized by the camp, including but not limited to land sports, paintball, waterfront activities, ropes course, indoor activities, bicycling, cookouts, etc. and we assume the inherent risk of such activities and programs. We agree to hold Camp harmless in the event of injury or property damage or loss as a result of such activities.



**This authorization is implicit with your signature on the camp application, health history and parent authorization form.**

Some activities, like paintball, require specific release forms that will be sent before camp. Please make sure that these forms are returned so your child(ren) can participate. Campers without signed forms will not be allowed to participate in these activities.



## LEAVING CAMPGROUNDS WITHOUT PERMISSION

Camp has a zero tolerance policy in handling an individual who leaves campgrounds without prior permission and/or does not follow the camp's sign in/out procedures. Leaving campgrounds without permission may result in immediate dismissal from camp. This policy was adopted to ensure the safety of your child and we expect your full cooperation and understanding in this important matter. In the event that someone other than a parent or legal guardian is picking up or dropping off a camper, explicit written permission must be given to the camp office prior to camp.

## CANCELLATION AND REFUND POLICY

All cancellations before March 1<sup>st</sup> will incur a \$75 service fee. Between March 1<sup>st</sup> and April 1<sup>st</sup> all funds except the \$250 application fee will be returned. After April 1, there are no refunds. As always, extenuating circumstances will be considered on a case by case basis. In the event that the scholarship allocation is insufficient, please notify the office of your decision to cancel your camp application within 30 days to receive a full refund. All cancellation explanations must be submitted in writing to obtain a refund. *Parents are required to inform us before camp of any situation such as, but not limited to, conditions requiring year-round medication, physical, psychological, medical or social matters that can affect a child's stay at camp. If dismissal from camp is related to not being informed about any of these types of conditions, no refunds will be issued.* In the event that the camp administration feels that it is best for the camper to leave the camp session early for the safety and well-being of the camper or to preserve the structure of camp, a case by case decision will be made regarding a refund. **If dismissal from camp is based on failure to adhere to any of the aforementioned policies or failure to abide by camp policies, no refund will be issued.**

# CAMP NAGEELA MIDWEST

## CONTACT CAMP NAGEELA MIDWEST

### Winter Office

3542 W Peterson  
Chicago, IL 60659  
Phone: 773-604-4400  
Fax: 773-604-4405

### Summer Office

4215 East Landry Lane  
Marshall, IN 47859  
Phone: 765-597-2272  
Fax (office use only):  
765-597-2572

As of **June 18, 2017** our Chicago office will be moving to camp. All phone calls will be forwarded there. Any mail sent after June 10<sup>th</sup> should be sent to the summer address. Please continue to use the Chicago Office contact information for any administrative needs.

Email: [info@campnageelamidwest.org](mailto:info@campnageelamidwest.org)

[www.campnageelamidwest.org](http://www.campnageelamidwest.org)



facebook.com/Nageela



twitter.com/nageelamidwest



youtube.com/nageelamidwestcamp